

**2011-12 -- Proposal No. 1**

**Add By-law 2.030- Cooperative Team Sponsorship**

Submitted by Greg Bradley, Principal, Mt. Zion High School

**By-law 2.030 currently reads:**

**2.030 Cooperative Team Sponsorship**

The Board of Directors shall have the authority to approve the formation of cooperative athletic teams or activity programs by two or more public high schools under the following conditions:

- (a) The schools are located in the same geographical area;
- (b) All schools participating in the cooperative are Class A (in a 2-class system) or Class 1A or 2A (in a 3 or 4-class system) schools according to the IHSA Classification System; or, in the event one or more of the cooperating schools is a Class 3A or 4A public school, the cooperative team is for a sport other than Boys Football or Boys or Girls Basketball; In the event one or more of the schools involved in the cooperative is a public non-boundary school, that school's actual enrollment, not multiplied enrollment is used to determine the eligibility of the cooperative team request.
- (c) The combined enrollments of all schools involved in the cooperative team, calculated according to the IHSA Classification System, is utilized to determine the classification for the cooperative team;
- (d) The cooperative sponsorship agreement is established for a period of two consecutive school years;
- (e) The governing boards of all schools participating in the cooperative team agreement jointly make the application to the IHSA Board of Directors for approval of the cooperative team agreement;
- (f) The joint application includes:
  - (1) Written approval from the conference(s) of which the cooperating schools are members, and/or in which the cooperative team will participate, or, in the event the cooperative team will not be affiliated with a conference, written approval from a minimum of seven schools included in the cooperative team's schedule of competition;
  - (2) A statement signed by the principals of all cooperating schools designating the name under which the cooperative team will compete;
  - (3) A report of the number of students from each of the cooperative schools expected to participate on the cooperative team;
  - (4) A report of the number of students, if any, from each of the cooperating schools who have been participating in the sport involved, in programs offered on a non-cooperative basis by their own schools;
  - (5) A statement expressing the reasons for the formation of a cooperative team;
  - (6) Written assurance that the cooperative team will not limit participation opportunities for students in any of the cooperating schools.

When a cooperative team completes two years of approved operation and the boards of education involved wish to renew the agreement for another two-year period, the involved school(s) shall submit to the IHSA, by the established date, an application that addresses the items listed in sub-section (f) from above.

**Revise By-law 2.030 to read:**

**2.030 Cooperative Team Sponsorship**

The Board of Directors shall have the authority to approve the formation of cooperative athletic teams or activity programs by two or more ~~public high~~ **member** schools under the following conditions:

- (a) The schools are located in the same geographical area;
- (b) All schools participating in the cooperative are Class A (in a 2-class system) or Class 1A or 2A (in a 3 or 4-class system) schools according to the IHSA Classification System; or, in the event one or more of the cooperating schools is a Class 3A or 4A public school, the cooperative team is for a sport other than Boys Football or Boys or Girls Basketball; In the event one or more of the schools involved in the cooperative is a public non-boundary school, that school's actual enrollment, not multiplied enrollment is used to determine the eligibility of the cooperative team request.
- (c) *Only private schools with non multiplied enrollments of 200 or less are eligible to form cooperative teams.***
- (d) The combined enrollments of all schools involved in the cooperative team, calculated according to the IHSA Classification System, is utilized to determine the classification for the cooperative team;
- (e) The cooperative sponsorship agreement is established for a period of two consecutive school years;
- (f) The governing boards of all schools participating in the cooperative team agreement jointly make the application to the IHSA Board of Directors for approval of the cooperative team agreement;
- (g) The joint application includes:
  - (1) Written approval from the conference(s) of which the cooperating schools are members, and/or in which the cooperative team will participate, or, in the event the cooperative team will not be affiliated with a conference, written approval from a minimum of seven schools included in the cooperative team's schedule of competition;
  - (2) A statement signed by the principals of all cooperating schools designating the name under which the cooperative team will compete;
  - (3) A report of the number of students from each of the cooperative schools expected to participate on the cooperative team;
  - (4) A report of the number of students, if any, from each of the cooperating schools who have been participating in the sport involved, in programs offered on a non-cooperative basis by their own schools;
  - (5) A statement expressing the reasons for the formation of a cooperative team;
  - (6) Written assurance that the cooperative team will not limit participation opportunities for students in any of the cooperating schools.

When a cooperative team completes two years of approved operation and the boards of education involved wish to renew the agreement for another two-year period, the involved school(s) shall submit to the IHSA, by the established date, an application that addresses the items listed in sub-section (f) from above.

### **Rationale of Submitter**

This amendment proposal would provide opportunity for students in smaller schools to have co-curricular experience.

**Pros:** More opportunities for students at smaller private schools

**Cons:**

**2011-12 -- Proposal No. 2**

**Amend By-law 2.050 - Schools with Which Contests May Be Held**

Marybeth Lauderdale, Superintendent, Jacksonville (Illinois School for the Deaf) and Jacksonville (Illinois School for the Visually Impaired) High School's

**By-law 2.050 currently reads:**

Member schools may permit eligible students to participate in competitive activities as school representatives only with the following:

- (a) schools which are members of this Association;
- (b) schools which are members of an athletic or activities association in another state which is recognized by the Board of Directors of this Association;
- (c) schools which are not members of this Association but are approved for interscholastic participation by the Board of Directors of this Association;
- (d) schools which are not members of an athletic or activities association in another state but are approved for interscholastic participation by such an association;
- (e) junior high schools, provided that in any event other than a dual contest, only eligible ninth grade students represent the junior high school; and
- (f) cooperative athletic teams approved by the Board of Directors under the provisions of these By-laws.
- (g) The Illinois High School Association Executive Director is authorized to waive the provisions of this By-law for the Illinois School for the Visually Impaired (ISVI) when the ISVI is in competition only with other schools for the blind provided such competition is governed by the standards adopted by the North Central Association of Schools for the Blind.

Member schools may not permit students to participate as school representatives in activities with non-school groups.

**Revise By-law 2.050 to read:**

Member schools may permit eligible students to participate in competitive activities as school representatives only with the following:

- (a) schools which are members of this Association;
- (b) schools which are members of an athletic or activities association in another state which is recognized by the Board of Directors of this Association;
- (c) schools which are not members of this Association but are approved for interscholastic participation by the Board of Directors of this Association;
- (d) schools which are not members of an athletic or activities association in another state but are approved for interscholastic participation by such an association;
- (e) junior high schools, provided that in any event other than a dual contest, only eligible ninth grade students represent the junior high school; and
- (f) cooperative athletic teams approved by the Board of Directors under the provisions of these By-laws.
- (g) The Illinois High School Association Executive Director is authorized to waive the provisions of this By-law for the Illinois School for the Visually Impaired (ISVI) when the ISVI is in competition only with other schools for the blind provided such competition is governed by the standards adopted by the North Central Association of Schools for the Blind.
- (h) *The Illinois High School Association Executive Director is authorized to waive the provisions of this By-law for the Illinois School for the Deaf (ISD) when the ISD is in competition only with other schools for the deaf.***

Member schools may not permit students to participate as school representatives in activities with non-school groups.

**Rationale of Submitter**

The purpose of the waiver is to accommodate programs of the Illinois School for the Deaf that are otherwise restricted because of the nature of the handicap of the students involved.

**Pros:** A similar provision for the Illinois School for the Visually Impaired was passed a few years ago

**Cons:** None

**2011-12 -- Proposal No. 3**

**Amend By-law 2.070 – Qualifications of Coaches**

Submitted by Jim Woodward, Official Representative, Anna (A.-Jonesboro) High School, on behalf of the IHSA Board of Directors

**By-law 2.070 currently reads:**

Athletic coaches in member schools shall be regularly certified to teach in the schools of Illinois and be:

- (a) teaching or supervising classroom activity at least two periods daily in the member school; or
  - (b) employed full-time in any elementary or junior high school in the legal attendance area of the member high school; or
  - (c) an assistant teacher, resource aide, lay supervisor or other paraprofessional who is employed at least half-time per day in the member school; or
  - (d) a full time teacher in any elementary district, any of whose territory is a part of the member high school's district; or
  - (e) teaching full time, within the provisions of the Illinois School Code, in a member high school or in a vocational or special education cooperative in which the member school participates; or
  - (f) a retired teacher from an IHSA member high school.
- 2.071 If a member school is unable to fill a coaching position under the terms of Section 2.070 with personnel acceptable to its Board of Education or governing board, it may employ to serve as a coach, a regularly certified teacher who is not otherwise employed in the member school.
- 2.072 If a member school is unable to fill an assistant coaching position under the terms of Sections 2.070 or 2.071, with personnel acceptable to its Board of Education or governing board, it may employ to serve as an assistant coach, an individual who possesses a Substitute Teacher's Certificate.
- 2.073 If a member school is unable to fill a coaching position under the terms of Sections 2.070, 2.071 or 2.072, with personnel acceptable to its Board of Education or governing board, it may employ to serve as a coach, an individual who holds a minimum of a bachelors degree from a college or university, provided the individual has satisfactorily completed a coach training program approved by the IHSA Board of Directors.
- 2.074 If a member school is unable to fill a head or assistant coaching position under the terms of Sections 2.070, 2.071, 2.072 or 2.073, with personnel acceptable to its Board of Education or governing board, it may employ to serve as a head or assistant coach, an individual who has satisfactorily completed a coach training program approved by the IHSA Board of Directors.
- 2.075 The Board of Directors shall approve proposed coach training programs through which individuals may meet the requirements of Sections 2.073 and 2.074, provided they include satisfactory components of the following subject matter: a) Psychology; b) Philosophy; c) Litigation/Liability; d) Sports Medicine; e) Sports Management; f) Child Growth and Development; and g) IHSA Guidelines. The Board of Directors may also establish additional criteria by which it shall approve coach training programs.
- 2.076 Students in teacher-training institutions may be assigned to assist with the coaching of athletic teams in a member school as a part of their practice teaching course provided they are under the direct supervision of an individual who is qualified to coach under the provision of Sections 2.070, 2.071 or 2.072.
- 2.077 A teacher who meets the criteria of Section 2.070 at one member high school may coach a team in another high school, without being subject to the requirements of

Sections 2.071-2.076, if the two schools are under the jurisdiction of the same local Board of Education.

2.078 A teacher who, after at least two years service in the district of a member school, has been granted leave of absence to seek additional college or university training, may be employed as an athletic coach provided such a teacher coaches in the school granting the leave of absence.

2.079 All remuneration for high school athletic coaching must be from the Board of Education of the member school employing the coach.

An individual approved to coach in a member school under the provisions of sub-sections 2.071-2.079 may, upon completion of one year in the approved coaching assignment, continue to coach in that position in the same member school for subsequent years without renewal of IHSA approval, provided the individual continues to meet the requirements of sections 2.071-2.079 and is reemployed annually by the local Board of Education.

**Revise By-law 2.070 to read:**

**2.070 To serve a member school as a Head or Assistant Coach, athletic coaches in member schools must:**

**(a) be regularly certified by the ISBE as a teacher, administrator, or school service personnel (i.e. counselor, social worker, speech therapist, etc., excluding substitute teachers), or**

**(b) be a retired teacher/coach from an IHSA member school, or**

**(c) be certified through ASEP, NFHS or other IHSA Board approved coaches certification program (see IHSA Policy Number 9 for a complete list of approved programs), and**

**(d) be at least 19 years of age, and**

**(e) be officially employed by the local school board of the member school**

**Eliminate By-laws 2.071-2.078. Renumber 2.079 to 2.071**

**2.071 All remuneration for high school athletic coaching must be from the Board of Education of the member school employing the coach.**

**Rationale of Submitter**

Over the years By-law 2.070 has been added to repeatedly. Consequently the By-law has become too lengthy, unnecessarily complicated and difficult to interpret. The revision of By-law 2.070 presented above reduces the By-law to just 5 key points. These points along with accompanying Illustrations should serve to explain the intent of By-law 2.070.

**Pros:** Could eliminate the need to get a substitute teaching certificate. Schools would be better served to employ a coach with ASEP Certification. The cost of ASEP Certification is less expensive than applying for a substitute teacher certificate.

**Cons:** Doesn't take student teacher/coaches into consideration. Eliminates substitute teacher certificate option.

**2011-12 -- Proposal No. 4**

**Amend By-law 2.120 - Coaches' Attendance at Rules Interpretation Meetings**

Submitted by Jim Woodward, Official Representative, Anna (A.-Jonesboro) High School, on behalf of the IHSA Board of Directors

**By-law 2.120 currently reads:**

Each member school shall be represented by a member of its coaching staff for the sport/activity at an annual rules interpretation meeting sponsored by the Association in each sport or activity it offers, provided rules interpretation meetings are conducted in that sport or activity. Failure to comply with this requirement may be penalized by the Board of Directors.

**Revise By-law 2.120 to read:**

Each member school shall be represented by a member of its coaching staff for the sport/activity at an annual rules interpretation meeting sponsored by the Association in each sport or activity it offers, provided rules interpretation meetings are conducted in that sport or activity. Failure to comply with this requirement may be penalized by the Board of Directors. ***This shall include all individual as well as team entries.***

**Rationale of Submitter**

Currently this By-law only applies to coaches involved with an IHSA team entry. Coaches submitting individual entries have not been required to view the annual rules meeting for their sport. The new on-line technology being used to share all IHSA rules meetings now makes it equally convenient for all coaches, whether entering a team or entering an individual to view the rules meeting prepared for the that sport. It seems reasonable that no coach should now be exempt from the opportunity to learn the current rules pertaining to their sport by viewing the current rules presentation. Coaches that are well informed as to the expectations of the IHSA Terms and Conditions for their sport will undoubtedly better serve the athletes in their charge.

**Pros:** The presentation is beneficial for all coaches and the requirement is easy to satisfy now that the rules meetings are online.

**Cons:** None

**2011-12 -- Proposal No. 5**

**Amend By-law 2.150 - Physical Examination**

Submitted by Robert Williams, Principal of Minooka High School, on behalf of the IHSA Football Pre-Season Acclimatization Ad-Hoc Committee

**By-law 2.150 currently reads:**

A school shall have on file for each student who participates (including practice) in interscholastic athletics a certificate of physical fitness issued by a licensed physician, physician's assistant or nurse practitioner as set forth in the Illinois State Statutes not more than 365 days preceding any date of participation in any such practice, contest or activity.

**Revise By-law 2.150 to read:**

A school shall have on file for each student who participates (including practice) in interscholastic athletics ***or during any athletic program conducted as a part of a school's summer contact days*** a certificate of physical fitness issued by a licensed physician, physician's assistant or nurse practitioner as set forth in the Illinois State Statutes not more than 365 days preceding any date of participation in any such practice, contest, or activity.

**Rationale of Submitter**

The football pre-season acclimatization ad-hoc committee believes with the increased participation opportunities in all sports at IHSA member schools, it's critical to ensure the safety of student-athletes by requiring them to have a current physical on file with their school. Since physicals are good for 365 days, it is hoped this requirement would not pose an undue burden on student-athletes or schools.

This proposal would take effect 30 days after passage.

**Pros:** Would push parents of freshman students to get physicals done earlier. Supported by the Sports Medicine Committee.

**Cons:** Might be a problem for freshman students because some insurance policies only allow for a physical once a year. Not all administrators are on a 12-month contract which could cause some schools additional expenses to keep track of physicals.

**2011-12 -- Proposal No. 6**

**Amend By-law 2.150 - Physical Examination**

Submitted by Gary Steiger, Principal, Palatine High School

**By-law 2.150 currently reads:**

A school shall have on file for each student who participates (including practice) in interscholastic athletics a certificate of physical fitness issued by a licensed physician, physician's assistant or nurse practitioner as set forth in the Illinois State Statutes not more than 365 days preceding any date of participation in any such practice, contest or activity.

**Revise By-law 2.150 to read:**

A school shall have on file for each student who participates (including practice) in interscholastic athletics a certificate of physical fitness issued by a licensed physician, physician's assistant or nurse practitioner as set forth in the Illinois State Statutes not more than ~~365~~ **395** days preceding any date of participation in any such practice, contest or activity.

**Rationale of Submitter**

Many insurance plans only allow one physical per calendar year. For athletes to remain eligible often times they must obtain a physical prior to the completion of a full year and therefore either must pay full cost for the exam, or they may choose to obtain a low cost exam at many facilities that offer them such as local pharmacies or clinics. These physicals cannot be nearly as comprehensive as the one performed by the athlete's regular physician and therefore it is our belief that they are not as protective and informational to the student athlete as they would be if they were performed by their regular physician. Setting the number of days to 395 (or 13 months) still maintains a "yearly" window on the physical, but allows families to adhere to the limitations in their insurance policies.

**Pros:** Simplifies the record-keeping of student physicals. Student-athlete is better off getting a physical from a family physician rather than going to a walk-in clinic. Supported by the Sports Medicine Advisory Committee.

**Cons:** None



**2011-12 -- Proposal No. 7**

**Amend By-law 3.021 – Scholastic Standing**

Submitted by Dr. Jim Dunnan, Principal, Washington High School

**By-law 3.021 currently reads:**

They shall be doing passing work in at least twenty (20) credit hours of high school work per week.

**Revise By-law 3.021 to read:**

They shall be doing passing work in at least ~~twenty (20)~~ **twenty five (25)** credit hours of high school work per week.

***Physical Education can be used as a .50 credit class to meet the 25 credit hour requirement, even if the member school is giving academic credit less than .50 or no credit at all. Students must be passing Physical Education in order to use the class towards academic eligibility.***

**Rationale of Submitter**

1. The twenty hour credit rule for weekly and semester eligibility has been in place for years as a minimum requirement when most high schools had a 16 Carnegie unit requirement for graduation. The majority of high schools now have a 20 credit requirement or higher for graduation. It is currently possible for a student to be eligible to participate in athletics all four years of high school, then not have enough credits to graduate.
2. Maintaining academic eligibility by passing 25 credit hours of work per week and per semester will result in students earning 20 credits towards graduation over their four years high school career.
3. Most students will rise to the academic eligibility level that is required.
4. Most students carry 6 or 7 classes in a 7 or 8 period school day. Therefore this will not become a “no pass no play” situation. Students will be able to maintain athletic eligibility, even if they are carrying one F for a given week or a semester.
5. It is time to elevate our academic requirement for all students in who participate in IHSA activities.

**Pros:** Can still carry enough credits, be failing 1 class and still be eligible. Most students will pass the majority of classes with the strengthened requirement. Need to require more academic success from our student-athletes.

**Cons:** You can be eligible for athletics all four years and then not have enough credits to graduate.

**2011-12 -- Proposal No. 8**

**Amend By-law 3.022 – Scholastic Standing**

Submitted by Dr. Jim Dunnan, Principal, Washington High School

**By-law 3.022 currently reads:**

They shall, unless they are entering high school for the first time, have credit on the school records for twenty (20) credit hours of high school work for the previous semester. Such work shall have been completed in the semester for which credit is granted or in a recognized summer school program which has been approved by the Board of Education and for which graduation credit is received.

**Revise By-law 3.022 to read:**

They shall, unless they are entering high school for the first time, have credit on the school records for ~~twenty (20)~~ **twenty five (25)** credit hours of high school work for the previous semester. Such work shall have been completed in the semester for which credit is granted or in a recognized summer school program which has been approved by the Board of Education and for which graduation credit is received.

***Physical Education can be used as a .50 credit class to meet the 25 credit hour requirement, even if the member school is giving academic credit less than .50 or no credit at all. Students must be passing Physical Education in order to use the class towards academic eligibility.***

**Rationale of Submitter**

1. The twenty hour credit rule for weekly and semester eligibility has been in place for years as a minimum requirement when most high schools had a 16 Carnegie unit requirement for graduation. The majority of high schools now have a 20 credit requirement or higher for graduation. It is currently possible for a student to be eligible to participate in athletics all four years of high school, then not have enough credits to graduate.
2. Maintaining academic eligibility by passing 25 credit hours of work per week and per semester will result in students earning 20 credits towards graduation over their four years high school career.
3. Most students will rise to the academic eligibility level that is required.
4. Most students carry 6 or 7 classes in a 7 or 8 period school day. Therefore this will not become a “no pass no play” situation. Students will be able to maintain athletic eligibility, even if they are carrying one F for a given week or a semester.
5. It is time to elevate our academic requirement for all students in who participate in IHSA activities.

**Pros:** Can still carry enough credits, be failing 1 class and still be eligible. Most students will pass the majority of classes with the strengthened requirement. Need to require more academic success from our student-athletes.

**Cons:** You can be eligible for athletics all four years and then not have enough credits to graduate.

**2011-12 -- Proposal No. 9****Add By-law 3.034.31- Foreign Exchange Students**

Submitted by Dani Martinez, Athletic Director, Chicago (St. Scholastica) High School

**Add By-law 3.034.31 to read:**

Foreign Exchange Students Attending Private School Not On An Approved Foreign Exchange Program: If a foreign student is fully enrolled at a member private school, the student maybe eligible to participate for one year in any sport other than Boys Basketball and Boys Football provided:

1. The student resides full time with a family member, relative or guardian with whom the students have agreed upon guardianship arrangement that is recognized and enforceable in a court of law and such family member, relative or guardian has full support and adult supervision for the student for the period of attendance at the school.
2. The purpose for the student's attendance at the private school is for academic and cultural purposes and not for athletics, which can be demonstrated by such student's visa or immigration documentation and school correspondence.
3. The student meets the eligibility criteria outlined in Section 4. Foreign Exchange Student Eligibility of the IHSA Administrative Procedures, Guidelines and Policies.
4. Meets the criteria establishing that such student is an amateur and can demonstrate that the student has not been recruited for athletic purposes.
5. As with exchange students who are direct placements, such students will be granted eligibility to participate during the regular season provided there is no evidence of recruiting. However, they will not be eligible to participate in any IHSA state series as outlined in Section 4 Item 6 Foreign Exchange Student Eligibility of the IHSA Administrative Procedures, Guidelines and Policies.
6. If requested by the Association, the member private school and student's parents and guardian agree to submit documentation similar to that required under Criteria for Approval of Foreign Exchange Student Programs by the Illinois High School Association outlined in Section 4 Foreign Exchange Student Eligibility of the IHSA Administrative Procedures, Guidelines and Policies.

**Rationale of Submitter**

The administration and faculty at St. Scholastica believe that the following proposal reinforces the objectives of the Association outlined in Section 1.140(a) of the Constitution which "stress(es) the educational importance, the cultural values, the appreciations and skills involved in all interscholastic activities and to promote cooperation and friendship" in addition to "provide(ing) enrichment to the educational experience." (Section 1.120 of the Constitution)

**Pros:** Allows for limited participation for foreign students who are not part of an approved exchange program.

**Cons:** Limited to private schools. Would be a better situation for a student to not be in a foreign exchange program so they could have more than one year of eligibility if they desired.

**2011-12 -- Proposal No. 10**

**Amend By-law 3.101 – Independent Team Participation**

Submitted by Scott Tingley, Principal, Frankfort (Lincoln-Way East) High School

**By-law 3.101 currently reads:**

During the school season for a given sport, in a school which maintains a school team in that sport, a student shall not participate on any non-school team, nor as an individual unattached in non-school competition, in that given sport or in any competition that involves the skill of the sport in question. Violation shall cause ineligibility for a period not to exceed 365 days. An exception may be made by the Executive Director under the guidelines adopted by the Board of Directors for competitions sponsored and conducted directly by the National Governing Body or its official Illinois affiliate for the sport.

**Revise By-law 3.101 to read:**

During the school season for a given sport, in a school which maintains a school team in that sport, a student shall not participate on any non-school team, nor as an individual unattached in non-school competition, in that given sport or in any competition that involves the skill of the sport in question. Violation shall cause ineligibility for a period not to exceed 365 days. An exception may be made by the Executive Director under the guidelines adopted by the Board of Directors for competitions **sanctioned** and ~~conducted~~ directly by the National Governing Body or its official Illinois affiliate for the sport.

**Rationale of Submitter**

Opportunities for interscholastic athletes have become more common than in years past. It is possible that our elite athletes will choose not to participate in IHSA interscholastic competition if they are required to make a choice between some of the National events and their high school team.

The revision of By-Law 3.101 will make it possible for Illinois athletes to have the opportunity to compete in State and National competitions that are not possible under the current language in 3.101.

**Pros:** Simplifies and broadens opportunities for some students.

**Cons:** None

**2011-12 -- Proposal No. 11**

**Amend By-law 3.157 – Special Provisions for Summer Participation**

Submitted by Robert Williams, Principal, Minooka High School, on behalf of the IHSA Football Pre-Season Acclimatization Ad-Hoc Committee

**By-law 3.157 currently reads:**

Schools may not organize or participate against other schools in a football scrimmage or game with the exception of 7-7 (touch only) passing leagues.

**Revise By-law 3.157 to read:**

Schools may ~~not~~ organize or ~~or~~ **and** participate ***in football activities during the summer under the following conditions:*** ~~against other schools in a football scrimmage or game with the exception of 7-7 (touch only) passing leagues.~~

- a) ***A high school team may wear full pads for the school's summer football camp. Before wearing full pads, student-athletes must build up to full pads in the following manner:***
  - 1. ***1<sup>st</sup> two (2) days of camp: helmets only***
  - 2. ***Days three (3) and four (4): helmets and shoulder pads***
  - 3. ***Day five (5): full pads***
- b) ***7 on 7 pass skeleton (touch only) games are allowed against other schools in the summer, and helmets, mouth pieces, and appropriate footwear may be worn during these 7 on 7 contests.***

**Rationale of Submitter**

A very similar proposal was reviewed by the membership in 2010 following the work of an IHSA Strategic Planning Committee. At that time, there was some concern about a portion of that proposal regarding summer scrimmages that this proposal lacks. The football pre-season acclimatization ad-hoc committee believes, much like the Strategic Planning Committee, that greater clarity must be provided in regards to what activities schools can do in football during the summer. This proposal also creates an acclimatization period during summer contact time that the current rule lacks, which will create a safer environment for student-athletes.

*This proposal would take effect 30 days after passage.*

**Pros:** Establishes an initial period to build up to pads. Schools can decide whether or not to use equipment during 7-on-7 scrimmages.

**Cons:** None

**2011-12 -- Proposal No. 12**

**Amend By-law 5.004 – Tournament Limitation**

Submitted by Daniel Jones, CAA, Official Representative, DeKalb High School

**By-law 5.004 currently reads:**

No athletic team, representing a member school, shall play in more than five (5) different games/contests/matches during any given interscholastic tournament.

**Revise By-law 5.004 to read:**

No athletic team, representing a member school, shall play in more than five (5) different games/contests/matches during any given interscholastic tournament, ***unless in wrestling, that tournament takes place over two consecutive days.***

**Rationale of Submitter**

The reason for this by-law was to put an end to the tournaments that took place over multiple weekends and numerous dates. These sports did not have limits on the number of contests in a single tournament. Sports that do have limits, such as wrestling, were also affected by the by-law. For example, schools that have two-day wrestling team tournaments are restricted by this by-law from running their traditional invitational. If a school runs a 16-team dual team wrestling tournament with pool matches, the format would have been: day one, 3 dual meets within your 4-team pool; day two, teams in an 8-team bracket based on the prior day's pool wrestling. Under By-law 5.004, teams are not able to wrestle three times on the second day.

The current wrestling by-law establishes limits on the number of matches a team or individual may wrestle in a given season. This proposal would not change those limits.

Under this proposal, the reason for last year's by-law change is upheld, while sports that have not had issues with multi-weekend or multi-date tournaments would no longer be adversely affected.

**Pros:** Allows the two-day dual team tournaments that existed prior to this year.

**Cons:** None

**2011-12 -- Proposal No. 13**

**Amend By-law 5.043 – Boys/Girls Basketball Individual Player Limitations**

Submitted by Todd Poelker, Principal, Lincoln High School

**By-law 5.043 currently reads:**

Students who participate on a school squad in Boys Basketball may participate in no more than ninety (90) quarters in any one season, exclusive of tournaments. Students may participate in no more than three (3) tournaments exclusive of the IHSA State Tournament Series except that a student who does not participate in the IHSA State Tournament Series may participate in one (1) additional tournament. Participation in a tournament shall mean that a student actually competes (regardless of the length of time) in a game.

**Revise By-law 5.043 to read:**

~~Students who participate on a school squad in Boys Basketball may participate in no more than ninety (90) quarters in any one season, exclusive of tournaments.~~ Students may participate in no more than three (3) tournaments exclusive of the IHSA State Tournament Series except that a student who does not participate in the IHSA State Tournament Series may participate in one (1) additional tournament. Participation in a tournament shall mean that a student actually competes (regardless of the length of time) in a game.

**By-law 5.193 currently reads:**

Students who participate on a school squad in Girls Basketball may participate in no more than (90) quarters in any one season, exclusive of tournaments. Students may participate in no more than three (3) tournaments exclusive of the IHSA State Tournament Series except that a student who does not participate in the IHSA State Tournament Series may participate in one (1) additional tournament. Participation in a tournament shall mean that a student actually competes (regardless of the length of time) in a game.

**Revise By-law 5.193 to read:**

~~Students who participate on a school squad in Girls Basketball may participate in no more than (90) quarters in any one season, exclusive of tournaments.~~ Students may participate in no more than three (3) tournaments exclusive of the IHSA State Tournament Series except that a student who does not participate in the IHSA State Tournament Series may participate in one (1) additional tournament. Participation in a tournament shall mean that a student actually competes (regardless of the length of time) in a game.

**Rationale of Submitter**

For record keeping purposes in basketball, playing just a few seconds in a quarter is the same as playing the entire quarter. No other sports have individual player limits based upon quarters/periods of a contest. The sports that have individual player limitations base their limits on complete games or contests (i.e. volleyball & wrestling).

Many sports have no individual player limitations at all.

Schools face the challenge of fielding competitive teams at multiple levels (Varsity, JV, Sophomore, & Freshman) if students can only participate in 90 quarters exclusive of tournaments.

Record keeping can be a challenge, especially if a variety of people keep a team's scorebook during the season and don't fully understand how to record the number of quarters a student plays.

If this proposed change passes, a coach is not likely to risk playing a varsity-caliber freshman or sophomore at the lower levels, thus avoiding the possibility of a student participating in an exceedingly high number of contests in a season.

**Pros:** Ease of record keeping. No similar restriction in any other sport.

**Cons:** The control falls on coaches.



<p><b>2011-12 -- Proposal No. 14</b> <b>Amend By-law 5.051- Boys Bowling Season Limitation</b> Submitted by PJ Caposey, Principal, Oregon High School</p>
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**By-law 5.051 currently reads:**

- a. No school belonging to this Association shall organize its Boys Bowling teams, practice or participate in interscholastic contests earlier than Monday of Week 17 or later than Saturday of Week 30 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Bowling no earlier than Monday of Week 19 in the IHSA Standardized Calendar.

**Revise By-law 5.051 to read:**

- a. No school belonging to this Association shall organize its Boys Bowling teams, practice or participate in interscholastic contests earlier than Monday of Week 17 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Bowling no earlier than ~~Monday~~ **Friday** of Week ~~19~~ **18** in the IHSA Standardized Calendar.

**Rationale of Submitter**

- (a) Due to the growth of both boys and girls bowling participation, it has become necessary to add a Regional tournament to the current State Finals Tournament structure. In an effort to avoid taking kids out of school to conduct the Regional, it is desirable to conduct the Regional on the Saturday before the current Sectional Tournament date, 3<sup>rd</sup> Saturday in January. However, this will force teams to eliminate a potentially long standing tournament from their schedule. By allowing teams to compete on the Saturday of Week 18, the displaced tournament, or a new tournament, could be moved to that date, without having to lose it completely. This change would in effect shorten the time from season start to first contest by 1 school day, and is in fact longer than other sports such as golf which only has 5 calendar days between start and first contest. It is also consistent with the proposed changes to girls bowling season limitation 5.201b.

**Pros:** Makes room in the schedule for regional tournaments.

**Cons:** Lengthens the bowling season. Board may not approve regionals.

**2011-12 -- Proposal No. 15**

**Amend By-law 5.071- Boys Football Season Limitation**

Submitted by Robert Williams, Principal, Minooka High School, on behalf of the IHSA Football Pre-Season Acclimatization Ad-Hoc Committee

**By-law 5.071 currently reads:**

- a. No school belonging to this Association shall organize its Boys Football teams, practice or participate in interscholastic contests earlier than Wednesday of Week 6 or later than Saturday of Week 21 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Football no earlier than Friday of Week 8 in the IHSA Standardized Calendar.

**Revise By-law 5.071 to read:**

- a. No school belonging to this Association shall organize its Boys Football teams, practice or participate in interscholastic contests earlier than ~~Wednesday~~ **Monday** of Week 6 or later than Saturday of Week 21 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Boys Football no earlier than Friday of Week 8 in the IHSA Standardized Calendar.

**Rationale of Submitter**

The Football Pre-Season Acclimatization Ad-Hoc Committee believes that from a safety and acclimatization standpoint, moving the start of the season up by only two days is in the best interests of student-athletes wishing to play football. The inherent nature of the sport, including the use of more player-protection equipment than any other sport sponsored by the IHSA, warrants this modest extension of the season.

**Pros:** Reduces the period after summer contact days, giving athletes a better chance to remain acclimatized. Supported by the Sports Medicine Advisory Committee.

**Cons:** Players can lose their acclimatization in 7 days as easily as 9. Takes away from summer vacations and family time. Other sports will want to move up their starting dates.

**2011-12 -- Proposal No. 16**

**Amend By-law 5.072 – Boys Football Pre-Season Practice Requirements**

Submitted by Robert Williams, Principal, Minooka High School, on behalf of the IHSA Football Pre-Season Acclimatization Ad-Hoc Committee

**By-law 5.072 currently reads:**

A student shall become eligible to participate in an interscholastic contest or scrimmage in Boys Football after completing a minimum of 1 1/2 hours of actual field practice on twelve (12) different days excluding Sunday and any day on which the student actually plays in an interscholastic football contest. These practices must be conducted in accordance with Association By-laws.

**Revise By-law 5.072 to read:**

A student shall become eligible to participate in an interscholastic ~~contest or~~ scrimmage in Boys Football after completing a minimum of 1½ hours of actual field practice on ~~twelve (12)~~ **nine (9)** different days excluding Sunday and any day on which the student actually plays in an interscholastic ~~contest~~ **scrimmage**. ***A student shall become eligible to participate in an interscholastic contest in Boys Football after completing a minimum of 1½ hours of actual field practice on twelve (12) different days excluding Sunday and any day on which the student actually plays in an interscholastic contest.*** These practices must be conducted in accordance with Association By-laws.

**Rationale of Submitter**

This proposal will also allow schools to participate, in a controlled setting, in a pre-season scrimmage with other member schools, if they so desire. The policy being proposed by the football pre-season acclimatization ad-hoc committee outlines the controlled conditions under which a scrimmage could occur on the weekend when schools are typically hosting an intra-squad event now. Allowing the scrimmage to occur after nine (9) different days of practice would allow for these controlled scrimmages to occur on the same day (Friday of Week 7) when many schools are already conducting intra-squad scrimmages. This proposal would not alter the current requirement for a minimum number of practices in which a player must participate prior to playing in an interscholastic contest.

**Pros:** Would allow for one scrimmage prior to the football season. How it will work left up to Board Policy.

**Cons:** Allows one scrimmage prior to the football season. Travel will be involved. Other sports will want pre-season scrimmages as well.

**2011-12 -- Proposal No. 17 – COMBINED WITH PROPOSAL 13**  
**Amend By-law 5.193 – Girls Basketball Individual Player Limitations**  
Submitted by Todd Poelker, Principal, Lincoln High School

**2011-12 -- Proposal No. 18**

**Amend By-law 5.201 – Girls Bowling Season Limitation**

Submitted by PJ Caposey, Principal, Oregon High School

**By-law 5.201 currently reads:**

- a. No school belonging to this Association shall organize its Girls Bowling teams, practice or participate in interscholastic contests earlier than Monday of Week 19 or later than Saturday of Week 32 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Bowling no earlier than Monday of Week 21 in the IHSA Standardized Calendar.

**Revise By-law 5.201 to read:**

- a. No school belonging to this Association shall organize its Girls Bowling teams, practice or participate in interscholastic contests earlier than Monday of Week ~~19~~ **20** or later than Saturday of Week ~~32~~ **33** in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Bowling no earlier than ~~Monday~~ **Friday** of Week 21 in the IHSA Standardized Calendar.

**Rationale of Submitter**

- (a) Due to the growth of both boys and girls bowling participation, it has become necessary to add a Regional tournament to the current State Finals Tournament structure. In an effort to avoid taking kids out of school to conduct the Regional, it is desirable to conduct the Regional on the Saturday before the current Sectional Tournament date. However, if this is done within the current season limitation by-law, the Girls Regional would be on the same day as the Boys State Finals. This would create a significant hardship for schools that only have 1 coach/staff for both boys and girls teams. By delaying the start of the girls season by 1 week and ending 1 week later, we will avoid this hardship without increasing the length of the season and allow for the possibility of conducting a Regional Tournament for both boys and girls in the future. (b) By moving the first contest date to Friday as opposed to Monday allows teams to practice virtually the same number of days as past years, while continuing to allow them to participate in long-established tournaments on the weekend of Week 21, even though the season starts 1 week later. This would in effect shorten the time from season start to first contest by 1 school day (which in fact is a holiday – Friday after Thanksgiving), and is in fact longer than other sports such as golf which only has 5 calendar days between start and first contest.

**Pros:** Makes room in the schedule for regional tournaments.

**Cons:** Lengthens the bowling season. Board may not approve regionals.

**2011-12 -- Proposal No. 19**

**Amend By-law 5.241 – Girls Lacrosse Season Limitations**

Submitted by Dr. Lisa Small, Principal, Palatine (Fremd) High School

**By-law 5.241 currently reads:**

5.240 Girls Lacrosse

5.241 Season Limitations

- a. No school belonging to this Association shall organize its Girls Lacrosse teams, practice or participate in interscholastic contests earlier than Monday of Week 35 or later than Saturday of Week 49 in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Lacrosse no earlier than Monday of Week 37 in the IHSA Standardized Calendar.

**Revise By-law 5.241 to read:**

- a. No school belonging to this Association shall organize its Girls Lacrosse teams, practice or participate in interscholastic contests earlier than ~~Monday~~ **Wednesday** of Week ~~35~~ **6** or later than Saturday of Week ~~49~~ **18** in the IHSA Standardized Calendar.
- b. A member school may conduct its first interscholastic contest in Girls Lacrosse no earlier than Monday of Week ~~37~~ **7** in the IHSA Standardized Calendar.

**Rationale of Submitter**

1. Girls and boys lacrosse are currently offered in the same season (spring) and finding an adequate number of qualified coaches to fill both sports is difficult. Moving girls lacrosse to the fall would present a similar situation to soccer, which will allow schools to share coaching staffs.
2. The fall season provides a limited offering of team sports. Volleyball is essentially the only team sport offered. Although, tennis, swimming, golf and cross country have a team element, they would be considered individual sports.
3. The spring season provides females with team sport options such as softball, soccer, water polo, lacrosse, as well as the individual sports track and field, badminton. Team sport athletes will be more inclined to participate in other team sports if the option presents itself.
4. The amount of girls needed in the spring to complete and fulfill rosters is more significant than the fall. Placing girl's lacrosse in the fall would allow for more multi-sport opportunities for female athletes.
5. During the spring, girls lacrosse shares the same practice and competition facilities with girls soccer, boys track and field, girls track and field, and boys lacrosse. Additionally, most schools lose auxiliary practice and game fields, which are typically used as practice and game fields during the fall season, once baseball and softball fields erect homerun fences.

**Pros:** Creates more participation opportunities for female students for the fall. Helps with field issues.

**Cons:** Could cause equity issues. The preferred season for girls lacrosse is spring. Would not parallel the collegiate season. Would limit competition with out-of-state schools (spring seasons). Could have a negative effect on field hockey.

**2011-12 -- Proposal No. 20**

**Add By-law 5.350- Competitive Dance**

Submitted by William Lapp, Principal, Minonk (Fieldcrest) High School

**By-law 5.350 currently reads:**

**5.350 Competitive Dance**

5.351 Season Limitation

- a. No school belonging to this Association shall allow its Competitive Dance team to participate in interscholastic contests earlier than Monday of Week 18 or later than Saturday of Week 39 in the Standardized Calendar.

**Revise By-law 5.350 to read:**

**5.350 Competitive Dance**

5.351 Season Limitation

- a. ***No school belonging to this Association shall conduct its Competitive Dance team practice earlier than Monday of Week 18 or later than Saturday of Week 39 in the Standardized Calendar.***
- b. No school belonging to this Association shall allow its Competitive Dance team to participate in interscholastic contests earlier than Wednesday of Week 18 or later than Saturday of Week 39 in the Standardized Calendar.

**Rationale of Submitter**

1. This would more clearly define a competitive dance season as opposed to just a competition season. 2. This will align the sport of competitive dance with winter sports, including competitive cheerleading. By not having an established season, schools are limiting the opportunity of students to participate in multiple sports. By allowing competitive dance to practice year round, some students are not able to participate in a fall or spring sport. This is having a negative effect on some fall and spring programs.

**Pros:** Defines a season and practice requirements that are similar to Competitive Cheer. Competitive Dance is becoming a year-round activity. Could increase fall sports participation by girls.

**Cons:** Hard to monitor practice of dance squads in the fall. Some dance competitions begin in the fall.

**2011-12 -- Proposal No. 21**

**Add By-law 5.352 – Competitive Dance Contest Limitation**

Submitted by Gary Steiger, Principal, Palatine High School on behalf of the Dance Advisory Committee

**Add By-law 5.352 to read:**

No Competitive Dance team representing a member school shall, in any one season, participate in more than seven (7) competitions exclusive of the IHSA state series.

**Rationale of Submitter**

A maximum of seven competitions (7), excluding the IHSA state series, provides reasonable opportunities for schools to compete within the interscholastic contest over the six month (23 week season) competitive dance season. This proposal will provide an equal opportunity for all schools to experience competitive dance events and maximize the opportunities for interscholastic participation. School districts still have the choice to allow or prohibit participation in competitive dance. School districts can always participate in less than seven (7) dance competitions.

**Pros:** Sets reasonable limits on Competitive Dance competition, similar to Competitive Cheer.

**Cons:** None